

Schroeder YMCA A+

Friday, February 1, 2008

warm up: 4:30 pm / meet start: 5:35 pm

time standard			girls	event	boys	time standard	
scy	lcm					scy	lcm
5.06.79	5.48.09		1	14 & U 400 IM	2	5.02.89	5.46.79
4.59.29	5.40.39	*	3	senior 400 IM	4	4.49.09	5.29.99
6.07.29	5.30.39	*	5	12 & U 500 free	6	6.05.99	5.30.89
5.38.29	5.03.49		7	13-14 500 free	8	5.40.09	5.05.59
11.23.89	10.07.59	*	9	senior 1000 free	10	11.12.19	10.04.59

all of Friday's timed final events will be swum fastest to slowest. 400 IM is pre-seeded, the 500 and 1000 check in by 5:10 PM

Saturday, February 2, 2008

AM Session

warm up: 7:00 am / meet start: 8:05 am

time standard			girls	event	boys	time standard	
scy	lcm					scy	lcm
58.09	1.06.19	*	11	senior 100 free	12	55.39	1.04.09
59.09	1.07.59	*	13	13 - 14 100 free	14	58.09	1.06.59
1.04.89	1.14.99	*	15	senior 100 back	16	1.01.79	1.11.99
1.06.39	1.16.79	*	17	13 -14 100 back	18	1.04.89	1.15.59
1.13.59	1.24.09		19	senior 100 breast	20	1.09.19	1.20.59
1.14.79	1.25.39		21	13 -14 100 breast	22	1.12.29	1.23.59
1.04.09	1.12.69	*	23	senior 100 fly	24	1.00.79	1.09.09
1.05.59	1.14.39		25	13 - 14 100 fly	26	1.04.09	1.12.69
2.19.79	2.38.89	*	27	senior 200 IM	28	2.15.69	2.37.19
2.23.19	2.42.99	*	29	13 - 14 200 IM	30	2.22.49	2.44.59

ten minute break

*	31	senior 400 med relay	32
*	33	13 - 14 400 med relay	34

five minute break

5.26.99	4.51.99	*	35	** senior 500 free	36	5.25.29	4.53.29
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(relays will be timed final, fastest to slowest, top eight at night)*

*(**will be swum after the relays, fastest to slowest, timed final, top 8 at night)*

Saturday PM Session

warm up: not before 12:00 pm

time standard		girls	event	boys	time standard	
scy	lcm				scy	lcm
42.39	xxxx	37	8 & under 50 fr	38	42.39	xxxx
32.39	36.49	39	9 - 10 50 fr	40	31.89	36.19
1.04.29	1.13.19	*	41 11/12 100 fr	42	1.02.99	1.11.59
54.99	xxxx	43	8 & under 50 br	44	54.99	xxxx
41.99	48.29	45	9 - 10 50 br	46	42.49	48.49
1.21.99	1.33.59	*	47 11/12 100 br	48	1.21.29	1.33.89
2.36.39	2.59.89		49 9 - 10 200 fr	50	2.31.89	2.52.39
1.49.59	xxxx	51	8 & under 100 IM	52	1.49.59	xxxx
1.13.59	1.22.89	*	53 11/12 100 fly	54	1.12.49	1.22.59
1.23.19	xxxx	55	9 - 10 100 IM	56	1.21.29	xxxx
2.37.99	2.59.29	*	57 11/12 200 IM	58	2.36.69	2.58.09

five minute break

59	*	8 & u 100 med relay	60
61	*	10 & u 200 med relay	62
63	*	11/12 400 med relay	64

Saturday Finals Order of Events

girls	event	boys
1	senior 100 free	2
3	9-10 50 fr	4
5	11/12 100 fr	6
7	13 - 14 100 free	8
9	*10 & under 200 med. relay	10
11	** senior 500 free	12
13	13-14 100 back	14
15	senior 100 back	16
17	9 - 10 50 breast	18
19	11/12 100 breast	20
21	13 -14 100 breast	22
23	senior 100 breast	24
25	11/12 400 med relay	26
27	9 - 10 200 fr	28
29	11/12 100 fly	30
31	13 - 14 100 fly	32
33	senior 100 fly	34
35	9 - 10 100 IM	36
37	11/12 200 IM	38
39	13 - 14 200 IM	40
41	senior 200 IM	42
	five minute break	
43	*13 - 14 400 med relay	44
45	*senior 400 med relay	46

* top eight seeded relays at night, fastest to slowest, timed final

** top eight seeded 500 free timed final

Sunday, February 3, 2008
 AM Session

warm up: 8:30 am / meet start: 9:35 am

time standard		girls	event	boys	time standard	
scy	lcm				scy	lcm
		65	11/ 12 400 fr relay	66		
		67	8 & under 100 fr relay	68		
		69	10 & under 200 fr relay	70		
<i>10 minute break</i>						
2.18.89	2.38.49	*	71 11/12 200 fr	72	2.16.89	2.36.19
50.69	xxxx		73 8 & under 50 back	74	50.69	xxxx
38.19	43.69		75 9 - 10 50 back	76	38.49	44.19
1.13.89	1.25.29	*	77 11/12 100 back	78	1.13.09	1.23.59
2.55.99	3.20.59		79 9 - 10 200 IM	80	2.55.29	3.18.89
1.38.59	xxxx		81 8 & under 100 free	82	1.38.59	xxxx
29.39	33.09	*	83 11/12 50 free	84	28.69	33.09
1.12.39	1.21.89		85 9 - 10 100 free	86	1.10.79	1.20.59
54.19	xxxx		87 8 & under 50 fly	88	54.19	xxxx
37.29	42.09		89 9 - 10 50 fly	90	36.69	40.99
1.14.09	xxxx	*	91 11/12 100 IM	92	1.12.79	xxxx

Sunday PM Session

warm up: not before 12:00 pm

time standard		girls	event	boys	time standard	
scy	lcm				scy	lcm
26.69	30.59	*	93 senior 50 free	94	25.49	29.39
27.19	31.09	*	95 13 - 14 50 free	96	26.59	30.69
2.21.19	2.37.79		97 senior 200 fly	98	2.14.59	2.32.19
2.22.39	2.42.49		99 13 - 14 200 fly	100	2.22.29	2.41.59
2.19.79	2.40.29	*	101 senior 200 back	102	2.12.69	2.34.89
2.23.39	2.44.89		103 13 - 14 200 back	104	2.19.49	2.42.09
2.05.09	2.22.29	*	105 senior 200 free	106	2.00.79	2.19.19
2.07.89	2.25.49	*	107 13 - 14 200 free	108	2.06.69	2.24.99
2.38.39	3.00.59		109 senior 200 breast	110	2.30.09	2.54.29
2.40.99	3.03.99		111 13 - 14 200 breast	112	2.36.29	3.02.39
<i>ten minute break</i>						
			113 senior 400 free relay	114		
			115 13 - 14 400 free relay	116		
<i>15 minute warm up period</i>						
18.35.59	18.58.36		117 **senior 1650 free	118	18.00.99	18.34.49

(** will be swum after the relays, fastest to slowest, to its conclusion.
 Swimmers must provide their own timers - positive check in)