



*We build strong kids,  
strong families,  
strong communities.*

# Schroeder YMCA Swim Team



**November 21, 2007**

**Happy Thanksgiving!**

1. The Western Great Lakes Open went well for us! We enjoyed lots of good swims across all age groups.
2. The Schroeder YMCA Finalist meet is coming up in early December. **Please check over your attached entries and check for omissions or mistakes.** Please review your work sign ups on Super Meets. Meet information is posted on our site.
3. Six Schroeder athletes will travel to Atlanta, GA for USA Nationals next Wednesday. It is the first time since 1990 that a USA National Champs will be in SCY so there may be some new records going down!
4. Please note the following practice changes for the week of Thanksgiving.

Thursday: Off

Friday: Groups 1&2 – No Practice

Group 3 – 8:30 -10:15AM

Groups 4-6 – 11AM -1PM

Saturday and Sunday: Normal

A note of clarification: We have Tuesday night practice for **Groups 1 & 2** when there is a meet for them on BOTH Saturday and Sunday. **There will be Tuesday practice 12/4.**

thanks for reading,  
your SSTY Coaches