

**Please commit to your specific shifts now by completing the following section. Shifts will be assigned on a first-come, first-served basis. You will be reminded of your commitment and the exact start and end time for shifts as we get closer to the meets. We will also post volunteer sign-ups on the door across from the coaches' office.**

**Y-Invite: Nov. 13**

*Volunteer Training Meet (does not count toward requirements)*  
Sun. AM, all age groups

\_\_\_\_\_  
Volunteer Position/Name

**Y-Finalist: Dec. 2 - 4(Required)**

Fri. Night – 11&O Distance  
Sat. AM – 8&U, 13&O; PM – 9/10 & 11/12  
Sun. AM – 8&U, 13&O; PM – 9/10 & 11/12

\_\_\_\_\_  
Volunteer Position/Name/Day AM/PM  
(Circle)

\_\_\_\_\_  
Volunteer Position/Name/Day AM/PM  
(Circle)

**A+: Feb. 3 – 5 (Required)**

Fri. Night – 11&Over Distance  
Sat. AM – 13&Over  
Sat. PM – 12&Under  
Sun. AM – 12&Under  
Sun. PM – 13&Over

\_\_\_\_\_  
Volunteer Position/Name/Day AM/PM  
(Circle)

\_\_\_\_\_  
Volunteer Position/Name/Day AM/PM  
(Circle)

\_\_\_\_\_  
Volunteer Position/Name/Day AM/PM  
(Circle)

**A+ Sat Night Finals – 9 & Over \*\* Required if Child is swimming -- can sign up now or later**

\_\_\_\_\_  
Volunteer Position/Name

**Y-State: March 17 – 19 (Required)**

Fri. Night – 11&Over Distance  
Sat. AM – 8&U, 9/10 & PM's 11 & Over  
Sun. AM – 8&U, 9/10 & PM's 11 & Over  
(Ages determined as of 12/1/05)

\_\_\_\_\_  
Volunteer Position/Name Fri. PM Session 1

\_\_\_\_\_  
Volunteer Position/Name Sat. Session 2  
8&U; 9/10

\_\_\_\_\_  
Volunteer Position/Name Sat. Session 3  
11/12;13/14; open

\_\_\_\_\_  
Volunteer Position/Name Sat. Session 4  
11/12;13/14; open

\_\_\_\_\_  
Volunteer Position/Name Sun. Session 5  
8&U; 9/10

\_\_\_\_\_  
Volunteer Position/Name Sun. Session 6  
11/12;13/14; open

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Volunteer Position/Name Sun. Session 7  
11/12;13/14; open

***IN GENERAL, ONLY ONE-HALF OF YOUR REQUIRED SHIFTS CAN BE ON FRIDAY NIGHTS.***

Swimmers' Names, Ages and Birthdates \_\_\_\_\_

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